



Cleveland Orienteering Klub

Level B events at

Fylingdales Moor and Sneaton Forest on Saturday 13th and Sunday 14th October 2018



FINAL DETAILS : BOTH DAYS

- Travel Directions:** Day 1: Fylingdales Moor, easily accessible from the B1416. The event will be signed from Red Gate, Grid Reference NZ 892 047 (nearest post code YO22 5JE). Parking and assembly near New May Beck Farm (NZ 897 028 on the North York Moors OS map OL27.) The turn from the B1416 is a sharp turn on a bend. Please slow down and signal in plenty of time whether coming from the North or South.
- Day 2: Sneaton Forest, easily accessible from the B1416. Signed from Red Gate as day 1. Parking and assembly will be at NZ 884 009 on the North York Moors OS map OL27.
- Terrain:** Day 1: Very fast, well managed, open moorland with moderate contour detail and a few paths.
- Day 2: Coniferous forest of mixed age and runnability. Good ride and track network.
- Punching system:** SPORTident electronic punching will be used. All controls (except start and finish) will be SIAC enabled, There will be a 4 minute call up. A punching start will be used. Please arrive in plenty of time for your start, latecomers will be slotted in as soon as possible but may encounter a wait. **Don't forget to punch the start and finish even if you are using SIAC.**
- SI-cards (not SIAC) will be available for hire at a cost of £1 each per day. Please look after your hired SI card as there will be a £40 charge for any lost SI-card.
- Registration:** Saturday: 10:30 a.m. – 12:30 p.m.
Sunday: 10:00 a.m. – 12 noon
- Starts:** Saturday: 11:00 a.m. – 1:00 p.m. Courses close at 3.00 p.m.
Sunday: 10:30 a.m. - 12:30 p.m. Courses close at 2:30 p.m.
- Call up at -4minutes
- Start times will be uploaded to the CLOK web site (www.clok.org.uk) by Monday 8th October.
- Entries and fees:** Entry is via Fabian 4. Entries close at midnight on 10.10.18. Entry on the day will be subject to map availability and may be limited so pre-entry is strongly advised
- Fees per day for entries before 30-Sep-2018
- Seniors: £11.00 (£2.00 surcharge for non-members of British Orienteering)
- Juniors / Students / Benefits recipients: £4.00

Family (2 adults and 2 or more children): £28.00

Fees after 30.9.18 but before 10.10.18

Seniors: £13.00 (£2.00 surcharge for non-members of British Orienteering)

Juniors / Students / Benefits recipients: £5.00

Family: £33.00

To be competitive in the October Odyssey, NEOL, NE Champs or eligible for Junior Interland selection, you must enter the relevant age based class (e.g. M16, W60, etc.). To run on a lower course, enter one of the coloured "open" classes.

Please note for Interland selection that you must enter the age class that you will be during the Interland competition in 2019.

This may entail juniors in the top year of their age class running up e.g. top year M14's should enter blue (M16) if they wish to be considered for Interland.

	Men entry classes	Women entry classes	NEOL competitions
Black	M21		Men Open
Brown	M18, M20, M35, M40, M45, M50	W21	Men Vet 40+, Women Open
Blue	M16, M55, M60,	W18, W20, W35, W40, W45, W50	Men Super Vet (55+), M16, Women Vet (40+)
Green	M65, M70	W16, W55, W60	Men Ultra Vet (65+), Women Super Vet (55+), W16
Short Green	M75, M80, M85	W65, W70	Men Hyper Vet (75+), Women Ultra Vet (65+)
Very Short Green		W75, W80, W85	Women Hyper Vet (75+)
Light Green	M14	W14	M/W14
Orange	M12	W12	M/W12
Yellow	M10	W10	M/W10

- Control descriptions:** Loose control descriptions will be available in the start lanes. The control descriptions and will be pictorial and text for the White, Yellow, Orange and Light Green courses. All other courses will have pictorial descriptions.
- The control descriptions are printed on the maps but please note that the descriptions for the longer courses may be printed on the backs of the maps in order not to obscure map detail.
- White and Yellow courses:** Maps for the White and Yellow courses will be available at prestart before entering the boxes. Please ask the start official for one if you have entered onto either of these courses. Loose control descriptions will be available in the start lanes and will be pictorial and text for white, yellow, orange and light green courses. All other courses will have pictorial descriptions. Control descriptions are printed on the maps but for the longer courses in order not to obscure detail may be printed on the back.
- Facilities:** Toilets in the assembly area.
- Please bring your own water as **no** refreshments will be provided.
- The North East Junior Squad will be running a cake stall on both days, please support them and all donations of cakes will be gratefully received.
- Beacon Farm Ice Cream will be bringing a van to both days and will also supply hot drinks,
- Prizes:** Prize-giving for the October Odyssey and NE Championships will take place at 2:45 p.m. on the Sunday.
- Dogs:** Dogs will be welcome in Assembly on both days but there will be sheep in the parking field and on the moor for Day 1 so any dogs in Assembly must be under strict control.
- First Aid:** First Aid will be located at Assembly. Please inform the organiser (in confidence) of any pre-existing medical conditions that we may need to be aware of.
- Ticks:** Be aware that Lyme Disease may be carried by ticks on the North York Moors. Please check yourself and your family for ticks after this event. If you develop a red rash around the site of a tick bite please get it checked by a doctor.
- E.coli 0157** E.coli 0157 is a bacterium sometimes carried in the gut of farm animals and can cause a serious diarrhoeal illness in humans. Sheep will have been grazing in the parking field for Day 1. The simplest way to avoid this infection is by washing your hands prior to eating.
- Officials:**
- Organiser: Carolyn Rigby (carolynrigby@doctors.org.uk)
 Planner: Paul Taylor
 Controller: David Horn

Thanks: Thanks to Mr Alan Thompson from New May Beck Farm for allowing use of the parking field for Day 1 and also to the landowner of Fylingdales Moor, Sir Frederick Strickland Constable, and to The Hawk and Owl Trust who are responsible for moorland management.

Thanks to The Forestry Commission for the use of Sneaton Forest for Day 2.

Safeguarding: British Orienteering and CLOK take their safeguarding responsibilities very seriously.

Please report any concerns to either CLOK safeguarding lead (Carolyn Rigby carolynrigby@doctors.org.uk) or to British Orienteering (safeguarding@britishorienteering.org.uk)

Specific details – Day 1

Parking arrangements: Parking field next to assembly and finish

Starts: 800m from assembly, initially along a very quiet road, which is the same road used to access the event, so **parents will need to accompany small children**, then after leaving the road 300m across the moor. The route will be taped. Allow 15-20 minutes

Finish: In assembly.

Courses: Subject to final controlling:

Course	Length (km)	Climb (m)	Map Scale
Black	9.0	140	1:10,000
Brown	6.8	120	1:10,000
Blue	5.3	85	1:10,000
Green	4.2	85	1:10,000
Short Green	2.8	50	1:10,000
Very Short Green	2.3	25	1:10,000
Light Green	3.2	45	1:10,000
Orange	2.7	30	1:10,000
Yellow	2.3	30	1:10,000
White	1.1	15	1:10,000

Course notes: In a nutshell rolling heather / grass tussock-free moorland with a few scattered trees. If the visibility is good there should be excellent views towards Robin Hoods Bay and Ravenscar on the coast.

The heather is managed to create a suitable environment for raptors such as merlin, kestrel, hen harrier, buzzard and short-eared owl, and biodiversity in general. Old long heather is regularly burned but some

longer patches remain and larger patches are marked on the map as slow undergrowth. Some mown strips are marked with yellow. Additional burning may happen right up to the event. Natural England request that we avoid the marshes where possible, some of which are dangerously uncrossable and marked as such. If you were to come to grief in the large bog in Biller Howe Dale Slack, your remains may be only several kilometres from the sea but body fluids will drain into the Derwent / Ouse / Humber and enter the sea at Spurn Point.

Historic England request that we do not place equipment on any of the ancient monuments that occur on the moor, particularly the earthworks like the double dike and the burial mounds. Other features of historic interest to keep you entertained include the ancient trackways that cross the moor often in parallel 'swarms', too numerous to mark all parallel shallow gullies, so only the more significant can be shown. You may encounter the nice round and deep ponds that result from WW2 bombing as sophisticated lighting systems were installed on the moor to create 'Decoy Middlesbrough'. Standing stones include moorland 'crosses' that were mainly boundary stones.

Special symbols

Black X Miscellaneous man-made object

Black 0 Disused crow trap

Please only cross the wall at either of the two gates. Rather than plaster the map with purple confusion there is an obvious mandatory crossing point soon after the Start. Later there is a 'dead' control for all competitors where the wall is re-crossed shortly before the Finish. Don't forget to punch in your haste to run through the gate.

No fences will be crossed.

The Start is actually on Wainwright's Coast to Coast footpath. Please be courteous to walkers who will be looking forward to their final leg.

Specific details – Day 2

- Parking arrangements:** Along forest roads on route to assembly. Drive past the parking field for Day 1 and follow signs through May Beck public car park. Please do not park there. Drive up the hill along a private forestry commission road. The route will be signed. The forest road has loose aggregate in several places and it would be wise to drive very slowly where there are large fragments on the surface.
- Starts:** 300m from assembly along a traffic free route. Care will be needed when walking past parked cars on route to assembly. The route will be taped. Allow 15-20 minutes Distance from parking to assembly will be a maximum of 500m.
- Finish:** Near assembly.

Courses: Subject to final controlling:

Course	Length (km)	Climb (m)	Map Scale
Black	8.0	170	1:10,000
Brown	7.0	135	1:10,000
Blue	5.0	90	1:10,000
Green	4.0	70	1:10,000
Short Green	2.8	40	1:10,000
Very Short Green	2.4	35	1:10,000
Light Green	2.9	45	1:10,000
Orange	2.1	30	1:10,000
Yellow	1.9	30	1:10,000
White	1.3	15	1:10,000

Course Notes:

This area, in the valleys of May Beck and Blea Hill Beck, had been moorland until it was acquired by the Forestry Commission in the late 1960's and stocked with Scots Pine, Lodgepole Pine, Sitka Spruce and Japanese Larch. The first mapping was made for the benefit of nearby Stainsacre Hall Outdoor Centre with the hope that the intricate network of rides and ditches would provide some basic orienteering. In the early years (1990's) proper orienteering was difficult to plan in the dense forest and initial thinning and felling didn't improve matters much. However, the remaining original planting and intervening younger and open blocks now provides some great and very varied terrain as the Forestry Commission progress their mixed-age policy. Some clearings and wide rides do suffer with bracken in October but brambles are not significant. Some scheduled thinning may have started by the time of the event.

The narrow ride symbol often includes the original 1960s rides which are now often less distinctive and are parallel with the extraction lines. Although they are not a distinctive navigational aid the mapper has left them in where they allow faster running because they do not feature a line of tree stumps. The symbol traditionally used for a cairn has been used for boundary stones.

Please beware that there are several deep ditches including some parts that cannot be jumped easily and may have overhanging edges. These may be encountered on the Green, Blue, Brown and Black courses.

Juniors will need to be aware of the concept of the 'ride', some of which are a bit soft and mossy. There are very few useful paths in the area to make a perfect White or Yellow course. Marked routes and smiley / sad emojis will probably be employed.

Interesting features include some nice round bomb crater ponds (ask the planner about Terry's spooky pond!). Several boundary stones can be seen in the area.

Geologically, the area is on Middle Jurassic Deltaic Series but the map features the eastern limit of the longest igneous intrusion in the British Isles – The Cleveland-Armthwaite Dyke which has its NW origin in Mull. The very hard basaltic/doleritic rock (sometimes described as augite andesite) has been quarried for road-stone so note the large linear depressions near the Start.

Please note that the western part of the forest, ie. west of the forest road, is embargoed as a possible JK2020 venue.

Special symbols

Green X Rootstock > 2m

There are no fence or wall crossings. The adjacent moorland to the east is out of bounds.

28-Sep-2018