

## Acklam West Lamp O

Name	Club	Age	Time

1	2	3	4	5	6	7	8	9	10	11	12	13
NP	SZ	TE	SL	SN	TJ	TJ	PY	PZ	RT	PV	NG	RV
14	15	16	17	18	19	20	21	22	23	24	25	
PH	SH	PR	SZ	RY	SZ	NT	RX	TC	NV	TJ	RA	

45-minute Score challenge. 10 points/control, -5 points for every minute or part minute late back

Each control is a lamp post. Each lamp post is identified by three letters and one number; e.g. ABC2. The box for each control is labelled with the first two letters. You need to write down the last letter and the number.

Start/Finish: Red post box on Trimdon Avenue at the north end of the shops.

After your run please send an image of this sheet to Dennis Hooton.

Full details are on the CLOK web site ([www.clok.org.uk](http://www.clok.org.uk)).